

Family. Fitness. Fun!

Premier Sport & Fitness Members:
Join East Side Athletic Club & pay

NO JOINING FEE
+
RECEIVE FREE DUES
FOR MAY & JUNE



GROUP CLASSES
Zumba, Pilates, Yoga, Cycle,
Aqua Exercise & MORE!



SWIM PROGRAMS
Group & Private Lessons,
Swim Team & Adult Lessons



WOMEN'S ONLY AREAS
Circuit, Cardio Theater, Stretching
& Functional Training



TRAINING
Personal & Group
Training Options



ACTIVE ADULT
Silver&Fit, SilverSneakers, Optum,
Chair Exercise & Water Classes



COURT SPORTS
Basketball, Pickleball,
Wallyball & Badminton

EXECUTIVE FAMILY MEMBERSHIP BENEFITS:

- Free Family Childcare
- Youth Fitness Classes
- Youth Pool Playtime
- Basketball & Racquetball
- Wallyball & Pickleball
- Unlimited Group Fitness Classes
- 10% Off Programs & Pro Shop
- Free Guest Passes

ADD THE
FAMILY!

Clackamas
503-659-3846

Milwaukie
503-659-3845

www.EastSideAthleticClub.com

East Side
ATHLETIC CLUBS

Since 1977